

CONNECT TO ALLAH



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- Our body (a neat and clean body, hygiene if required)
- Our Clothes (Make sure to cover the whole body with neat and clean, proper clothing)
- Prayer Time
- Perform Ablution (Wudu) properly before every Salat as it's also compulsory.
- Place of Salat (Must be neat and clean and suitable for Salat).
- Qibla direction (facing Qibla is mandatory)

Step #1 Niyaah or intention to pray (in the heart)

Step #2 Saying “Allahu Akhbar”

Raise your hands with slightly opening fingers till lobes of your ears while palms of both hands must facing Qibla direction. In such a position, say “Allahu Akhbar” in Arabic.

Allahu Akbar
Allah is the Greatest



Step #3 Standing position

Now place your right hand on top of your left hand on the chest and look downward to the place where your forehead will touch the ground in the Sujood (prostration) and say:

(Subhan Allah) which means Glory to God

Step #4 Bowing position

Step 3: Then say Allahu Akbar and go to the bowing position and in the bowing position say “Subhan Allah”



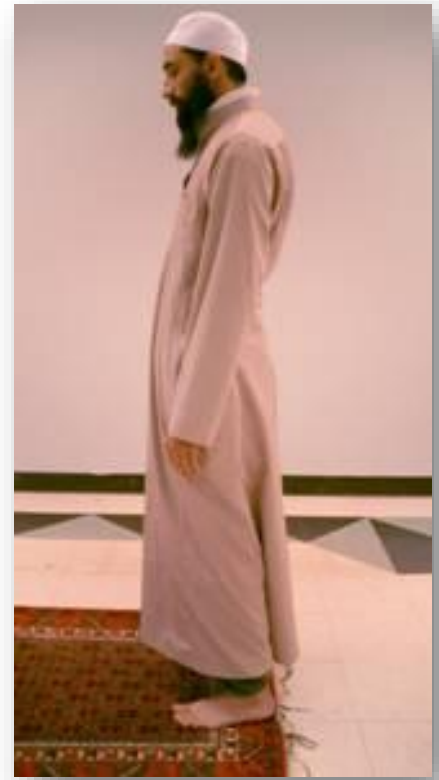
Step #5 Standing position

Then get up from the bowing position to stand straight again. Say Allahu Akbar while getting up. Here say “Subhan Allah”

Step #6 Prostration (Sujud)

Then go to the position of prostration and say “Allahu Akbar” while going down. Your head bows down to earth but make sure that your knee touches the ground then hands along with head and then your nose touches the ground parallel.

In the position of prostration say “Subhan Allah”



After Sujud you have to sit on your one foot while other reclining positions under the buttocks by saying “Allahu Akbar”. Your hands must be on your thighs while fingers are facing Qibla. While sitting up, say Allahu Akbar. In the sitting position say “Subhan Allah”. Repeat prostration (Sujud) again.



After the second Sujud, you can stand again by saying “Allahu Akbar” in the same standing position.



This Complete one Rakaah of Salat. You can start again another unit (Rakaah) with hands folded on the belly.

Step #7 Reciting in the sitting position

Then come to the sitting position as in While sitting up say “Allahu Akbar” In the sitting position say “Subhan Allah” (repeat)



Step #8 Final Step of Salat known as Tasleem

Then conclude the prayer by turning your head to the right then left, each time saying “Assalamu-alaikum”.

