



Sure AI - Nas



- In the name of Allah, the Entirely Merciful, the Especially Merciful
- 114.1 Say, I seek refuge in the Lord of mankind
- 114.2 The Sovereign of mankind.
- 114.3 The God of mankind.
- 114.4 From the evil of the retreating whisperer.
- 114.5 Who whispers [evil] into the breasts of mankind.
- 114.5 Who whispers [evil] into the breasts of mankind.

- Requesting us to put our trust in Allah, not in other people or creatures, for He alone is our protector and preserver.



- Sura Al-Nas
- especially warns us against the evil whisperings in our hearts.
- Need for protection from internal threats.

- Sura Al-Falaq
- Seek refuge in Allah from external sources of danger.





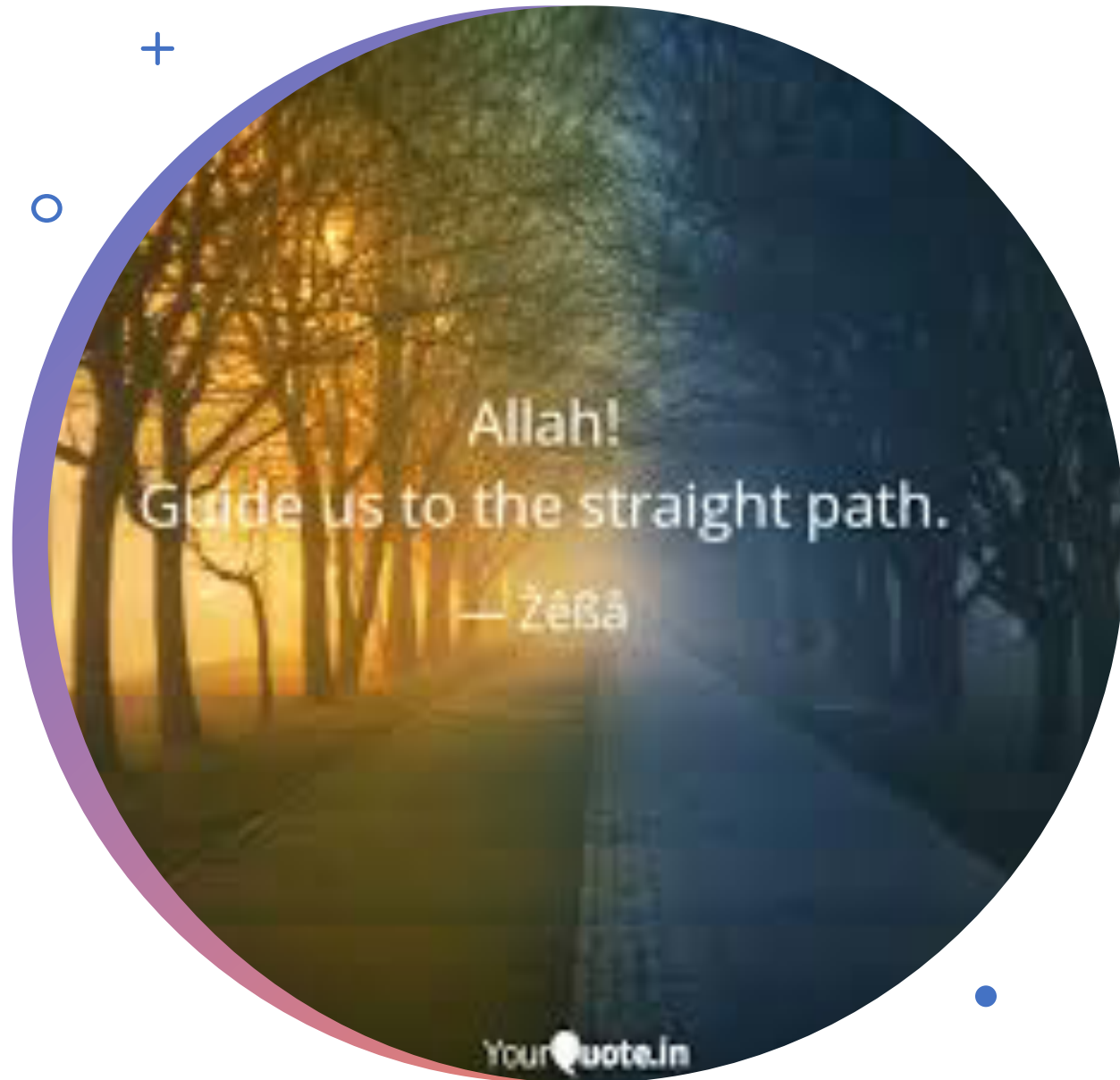
114.1 Say, I seek refuge in
the Lord of mankind



- Allah is his Lord, his Creator and Heir, Allah **provides** and **protects him**. He gives him everything he needs for his growth and development, as well as for his protection from all evil.



114.2 The Sovereign of mankind.



- Allah is his King and Ruler:
- Allah has the power to direct man's behavior and guide him in ways that are for his good; and he gave him commandments for his way.



114.3 The God of mankind.

إِنَّا لِلّٰهِ وَإِنَّا إِلَيْهِ رٰجِعُونَ

*Indeed we belong to Allah,
and indeed to Him we will return.*

Quran 2:156

- It is Allah to whom people will eventually return to give an account of their deeds in this life (2:156). Allah will be the judge.



Prayer is
better than
sleep

- It is interesting that here are the three attributes
 - dominion (verse 1),
 - property (verse 2) and
 - Divinity (verse 3)
-
- It is emphasized that these help people to face the inner temptations of people.



- It is Allah whom we must strive for in the Hereafter, and He is the only Being entitled to man's worship.




Man should recognize:

That he may only
invoke Allah's
protection from all evil.





- 114.4 From the evil of the retreating whisperer.

A scenic landscape featuring a calm lake in the foreground, a small boat with a person on the water, and a range of mountains in the background under a bright sky. The text is overlaid on the upper portion of the image.

WILLPOWER IS A MUSCLE.
THE MORE YOU USE IT,
THE STRONGER IT GETS.

BY HENRY ROES

#BoomerHealthSolutions

- Evil creeps up on man in every possible way to undermine his willpower bestowed on him by Allah.



- power of evil can be
- Satan
- His evil accomplices
- Evil people
- Evil tendencies of man himself



- These encourage people to incite evil through their arts of seduction. They secretly whisper bad things and then retreat, only to tighten their webs.



114.5 Who whispers [evil]
into the breasts of mankind.



They whisper into people's hearts the most hideous, seductive suggestions.



114.5 Who whispers [evil]
into the breasts of
mankind.



- However, as long as we place ourselves under Allah's protection and put our trust in Him, evil cannot really take hold of us.